

# OFFICIAL RESULTS

## 2016 HAMPSHIRE 100

5K RUN

Oak Park Greenfield NH

08/20/2016



PLC	NAME	LOCATION	OA			TIME	BEHIND
			BIB	PLC	TEAM		
<b>5F - 5K WOMEN</b>							
1	ANNA MUMFORD	WINOOSKI VT	2031	3		:11:28.5	: 0.0
2	SARAH	SOMERVILLE MA	2025	4		:11:31.5	: 3.0
3	SANDY POWERS	MILFORD NH	2027	5		:13:37.4	2:08.9
<b>5M - 5K MEN</b>							
1	JONATHAN KENNEDY	WINOOSKI VT	2030	1		:10:01.9	: 0.0
<b>ADM - ADMIN PLACEMENT</b>							
1	ANDREW MUMFORD	GRANTHAM NH	2029	2		:10:16.2	: 0.0
<b>5F - Did Not Finish</b>							
***	JULIE MARTINEZ	ASSONET MA	2028	0		: : 0.0	
6 COMPETITORS							



# 2016 HAMPSHIRE 100

Place	Bib	Name	Team	State	Laps	Time	Pace
<b><u>CYCLOCROSS MEN</u></b>							
<b>1</b>	<b>424</b>	<b>ARAPOFF, ALEXIS</b>	<b>BIKEMAN.COM</b>	<b>STOW, MA</b>	<b>7</b>	<b>00:38:06.0</b>	<b>: 5:26</b>
Splits 1-10	5:18	5:26	5:24	5:34	5:26	5:41	5:12
Cls /Ovr All	2/ 2	2/ 2	1/ 1	2/ 2	1/ 1	2/ 2	1/ 1
<b>2</b>	<b>426</b>	<b>BENSON, MICHAEL</b>	<b>PELHAM,</b>	<b>NH</b>	<b>7</b>	<b>00:38:07.1</b>	<b>: 5:26</b>
Splits 1-10	5:19	5:27	5:26	5:32	5:28	5:40	5:12
Cls /Ovr All	4/ 4	3/ 3	3/ 3	3/ 3	3/ 3	3/ 3	2/ 2
<b>3</b>	<b>427</b>	<b>COLE, BRIAN</b>	<b>PORTLAND,</b>	<b>ME</b>	<b>7</b>	<b>00:38:19.1</b>	<b>: 5:28</b>
Splits 1-10	5:18	5:24	5:29	5:31	5:29	5:38	5:27
Cls /Ovr All	3/ 3	1/ 1	2/ 2	1/ 1	2/ 2	1/ 1	3/ 3
<b>4</b>	<b>430</b>	<b>MARRO, EIRIC</b>	<b>NASHUA,</b>	<b>NH</b>	<b>7</b>	<b>00:40:14.0</b>	<b>: 5:44</b>
Splits 1-10	5:17	5:42	5:46	5:44	5:47	5:54	6:02
Cls /Ovr All	1/ 1	4/ 4	4/ 4	4/ 4	4/ 4	4/ 4	4/ 4
<b>5</b>	<b>425</b>	<b>ASPINWALL, DOUG</b>	<b>FLORENCE,</b>	<b>MA</b>	<b>7</b>	<b>00:41:42.9</b>	<b>: 5:57</b>
Splits 1-10	5:42	5:55	5:54	5:53	6:05	6:08	6:03
Cls /Ovr All	7/ 7	6/ 6	5/ 5	5/ 5	5/ 5	5/ 5	5/ 5
<b>6</b>	<b>435</b>	<b>NORRIS, BEN</b>	<b>WILLISTON,</b>	<b>VT</b>	<b>7</b>	<b>00:41:46.7</b>	<b>: 5:58</b>
Splits 1-10	5:35	6:01	5:57	6:06	6:08	6:06	5:50
Cls /Ovr All	6/ 6	5/ 5	6/ 6	6/ 6	6/ 6	6/ 6	6/ 6
<b>7</b>	<b>428</b>	<b>GOULD, ADAM</b>	<b>HANCOCK,</b>	<b>NH</b>	<b>7</b>	<b>00:42:24.1</b>	<b>: 6:03</b>
Splits 1-10	5:27	6:15	5:54	6:14	6:12	6:12	6:07
Cls /Ovr All	5/ 5	7/ 7	7/ 7	7/ 7	7/ 7	7/ 7	7/ 7
<b>8</b>	<b>429</b>	<b>GROAT, WILLIAM</b>	<b>ROCHESTER,</b>	<b>NH</b>	<b>4</b>	<b>00:41:19.8</b>	<b>:10:19</b>
Splits 1-10	9:29	9:50	11:23	10:35			
Cls /Ovr All	8/ 11	8/ 11	8/ 11	8/ 11			
<b><u>CYCLOCROSS WOMEN</u></b>							
<b>1</b>	<b>432</b>	<b>LOWE, REBECCA</b>	<b>LYNDONVILLE,</b>	<b>VT</b>	<b>6</b>	<b>00:40:06.7</b>	<b>: 6:41</b>
Splits 1-10	6:19	6:25	6:38	6:42	7:01	6:58	
Cls /Ovr All	1/ 8	1/ 8	1/ 8	1/ 8	1/ 8	1/ 8	
<b>2</b>	<b>433</b>	<b>DISHONG, ELLA</b>	<b>FRANCESTOWN,</b>	<b>NH</b>	<b>6</b>	<b>00:46:11.1</b>	<b>: 7:41</b>
Splits 1-10	6:21	7:15	8:00	7:55	8:29	8:09	
Cls /Ovr All	2/ 9	2/ 9	2/ 9	2/ 9	2/ 9	2/ 9	
<b>3</b>	<b>434</b>	<b>DISHONG, MOLLY</b>	<b>FRANCESTOWN,</b>	<b>NH</b>	<b>5</b>	<b>00:39:08.8</b>	<b>: 7:49</b>
Splits 1-10	6:49	8:05	7:53	8:24	7:55		
Cls /Ovr All	3/ 10	3/ 10	3/ 10	3/ 10	3/ 10		

# 2016 HAMPSHIRE 100



## SHORT TRACK

08/20/2016

Oak Park Greenfield NH

## OFFICIAL RESULTS

PL	BIB	NAME	TEAM	INTERVALS					FINAL
				1/6	2/7	3/8	4/9	5/10	
MEN'S SHORT TRACK									
1	250	COLEMAN, B '84		: 5:12 : 5:35	: 5:10	: 5:04	: 5:10	: 5:20	: 5:12.9
2	251	LAMORE, C '15		: 5:17 : 6:08	: 5:50	: 6:02	: 6:02	: 6:10	: 5:17.1
3	247	LOWE, G '75	SPORTIF	: 5:20 : 5:33	: 5:08	: 5:10	: 5:17	: 5:24	: 5:20.7
4	248	MARTINEZ, J '87		: 6:12 : 6:41	: 6:29	: 6:35	: 6:32	: 6:17	: 6:12.2
5	249	CROOKER, G '81		: 6:37 : 7:08	: 6:28	: 6:51	: 6:54	: 7:04	: 6:37.5
5									

