

THE FLUME AT SUGARLOAF

5 AND 10 K TRAIL RUN

OFFICIAL RESULTS

08/20/2016

SUGARLOAF USA



PLC	BIB	OA PLC CLS	NAME	AGE/LOCATION/TEAM	TIME	BEHIND	PACE
OVERALL 5K MEN							
1	240	1 MEN	KNIESER, JEFFREY	43 STRATTON ME	:24:12.1	: 0.0	7:33
OVERALL 10K WOMEN							
1	368	74 SF	OBRIEN, KATY	30 SOMERVILLE MA	:45:57.5	: 0.0	7:24
OVERALL 10K MEN							
1	360	70 SM	LEVESQUE, ANDREW	18 AUGUSTA ME	:43:31.6	: 0.0	7:01
5K OVERALL WOMEN							
1	216	7 WMN	CHARIFSON, MIA	19 FRAMINGHAM MA	:28:36.7	: 0.0	5:43
5K WOMEN 1-19							
1	272	56 5F1	THOMPSON, JULIETTE	14 FAIRFAX VT	:38:51.6	: 0.0	12:32
2	221	62 5F1	DAIGLE, ISABELLE	19 BANGOR ME	:42:19.4	3:27.8	13:39
3	225	64 5F1	DELISLE, LEXI	13 AUGUSTA ME	:42:34.7	3:43.1	13:44
4	280	68 5F1	WHITNEY, MAKINZY	16 WILTON ME	:43:17.1	4:25.5	13:57
5	222	76 5F1	DELISLE, ELLA	12 AUGUSTA ME	:46:24.5	7:32.9	14:58
5K MEN 1-19							
1	276	5 5M1	VEILLEUX, REECE	10 BELGRADE ME	:27:42.6	: 0.0	8:56
2	229	35 5M1	GEISSINGER, SAMUEL	7 JAY ME	:35:10.9	7:28.3	11:20
3	268	47 5M1	SMITH, TYLER	13 AUBURN ME	:37:28.9	9:46.3	12:05
4	202	52 5M1	ARCHER, DAWSON	10 CARRABASSETT VALLE	:37:56.4	10:13.8	12:14
5	206	53 5M1	BETANCOURT BLOHM, RODRIGO	9 NEW YORK ME	:38:12.3	10:29.7	12:19
5K WOMEN 20-29							
1	220	13 5F2	COSTA, AMANDA	26 SKOWHEGAN ME	:29:50.4	: 0.0	9:37
2	227	16 5F2	GARDNER, KERRIE	21 GALES FERRY CT	:30:31.4	:41.0	9:50
3	241	20 5F2	LAMOUREUX, DEANNA	27 BELLINGHAM WA	:31:36.5	1:46.1	10:11
4	226	22 5F2	DWYER, KASSIE	27 ATHENS ME	:32:00.6	2:10.2	10:19
5	253	32 5F2	NICKERSON, CASEY	23 HARMONY ME	:34:20.8	4:30.4	11:04
6	258	34 5F2	ROWLAND, AMIE	24 CLIFTON PARK NY	:35:04.8	5:14.4	11:18
7	209	48 5F2	BUCK, JACKIE	27 BATH ME	:37:37.1	7:46.7	12:08
8	245	57 5F2	MARSTERS, EMILY	22 MALVERN PA	:40:55.6	11:05.2	13:12
9	264	58 5F2	SAKAEVA, EVGUENIA	21 FAYETTE ME	:40:56.1	11:05.7	13:12
10	233	67 5F2	HARRIS, JAMIE	23 BOSTON MA	:43:10.6	13:20.2	13:55
5K MEN 20-29							
1	282	86 5M2	FOSS, JAMIE	27 FARMINGTON ME	:50:34.3	: 0.0	16:18
5K WOMEN 30-39							
1	238	21 5F3	JENSEN, JAIME	38 BRUNSWICK ME	:31:41.9	: 0.0	10:13
2	250	23 5F3	MONAHAN, SHANNON	36 STRONG ME	:32:01.1	:19.2	10:19
3	277	28 5F3	WALTERS, JENNIFER	35 MANCHESTER ME	:33:41.6	1:59.7	10:52

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5K WOMEN 30-39							
4	261	30 5F3	RUSS, CHRISTIANE	31 DALLAS TX	:34:18.7	2:36.8	11:04
5	246	33 5F3	MERCHANT, MEL	35 NEW SHARON ME	:34:59.8	3:17.9	11:17
6	239	39 5F3	JONES, LINDSEY	30 JEFFERSON ME	:35:56.1	4:14.2	11:35
7	237	41 5F3	JACQUES, DONNA	36 SKOWHEGAN ME	:36:03.4	4:21.5	11:37
8	223	43 5F3	DELISLE, MICHELLE	38 AUGUSTA ME	:36:29.7	4:47.8	11:46
9	204	55 5F3	BENN, AMANDA	36	:38:24.7	6:42.8	12:23
10	235	69 5F3	HOLMAN, SARAH	30	:43:18.8	11:36.9	13:58
11	255	75 5F3	O'BANYEL, LOU-ANNE	35 TOPSHAM ME	:46:03.2	14:21.3	14:51
12	271	84 5F3	THOMPSON, AMANDA	33 NORRIDGEWOCK ME	:49:21.1	17:39.2	15:55
5K MEN 30-39							
1	244	2 5M3	MACCABE, KRIS	34 WILTON ME	:24:20.5	: 0.0	7:51
2	232	3 5M3	GREELEY, MAXFIELD	35 SOUTH PORTLAND ME	:26:09.3	1:48.8	8:26
3	217	4 5M3	COMER, SEAN	38 SOUTH PORTLAND ME	:26:10.0	1:49.5	8:26
4	236	10 5M3	HUDSON, SEAN	31 SCHENECTADY NY	:29:33.5	5:13.0	9:32
5	251	11 5M3	MONAHAN, SAM	37 STRONG ME	:29:37.5	5:17.0	9:33
6	256	81 5M3	O'BANYEL, KEVIN	36 TOPSHAM ME	:47:30.9	23:10.4	15:19
5K WOMEN 40-49							
1	281	14 5F4	WRIGHT, JENNIFER	42 WOOLWICH ME	:30:09.3	: 0.0	9:43
2	260	25 5F4	RUSHTON, SARA	42 OAKLAND ME	:33:17.1	3:07.8	10:44
3	278	27 5F4	WARD, JESSICA	40 SKOWHEGAN ME	:33:23.0	3:13.7	10:46
4	273	29 5F4	TIBBETTS, NICOLE	43 NORRIDGEWOCK ME	:34:01.2	3:51.9	10:58
5	274	31 5F4	TURCOTTE, KRIS	40 SKOWHEGAN ME	:34:20.4	4:11.1	11:04
6	228	36 5F4	GEISSINGER, LESLIE	40 JAY ME	:35:11.3	5:02.0	11:21
7	259	37 5F4	RUID, JEN	46 BRUNSWICK ME	:35:14.7	5:05.4	11:22
8	207	38 5F4	BLOHM, HANNALI	42 NEW YORK NY	:35:55.3	5:46.0	11:35
9	208	42 5F4	BLOHM, ANA	43 NEW YORK NY	:36:23.1	6:13.8	11:44
10	201	44 5F4	ARCHER, MICHELLE	41 CARRABASSETT VALLE	:36:33.8	6:24.5	11:47
11	267	49 5F4	SMITH, CINDY	42 AUBURN ME	:37:46.3	7:37.0	12:11
12	263	50 5F4	RYAN, JENNA	43 EAST MONTPELIER VT	:37:49.4	7:40.1	12:12
13	262	51 5F4	RYAN, LORNA	49 WOOLWICH ME	:37:55.0	7:45.7	12:13
14	234	61 5F4	HILLMAN, RACHEL	49 BOWDOINHAM ME	:42:18.0	12:08.7	13:38
15	269	65 5F4	SPENCER, MELISSA	45 WILTON ME	:42:53.0	12:43.7	13:50
5K MEN 40-49							
1	224	6 5M4	DELISLE, JEFFREY	46 AUGUSTA ME	:28:05.9	: 0.0	9:03
2	242	8 5M4	LEVESQUE, MARC	48 AUGUSTA ME	:28:55.0	:49.1	9:19
3	266	9 5M4	SIGEL, KEITH	40 NEW YORK NY	:29:13.8	1:07.9	9:25
4	211	18 5M4	CARNES, TIM	44 YARMOUTH ME	:30:45.7	2:39.8	9:55
5	210	24 5M4	CANNAN, AARON	45 FREEPORT ME	:33:07.6	5:01.7	10:41

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5K MEN 40-49							
6	205	54 5M4	BETANCOURT, ALEJANDO	44	:38:12.8	10:06.9	12:19
7	275	66 5M4	VEILLEUX, PAUL	44 BELGRADE ME	:43:09.2	15:03.3	13:55
5K WOMEN 50-59							
1	265	17 5F5	SEVEY-DUGAS, KARLA	50	:30:36.4	: 0.0	9:52
2	248	26 5F5	MERRILL, EDIE	55 FAIRHOPE AL	:33:21.1	2:44.7	10:45
3	249	45 5F5	MICKALIDE, TINKER	57 LITCHFIELD ME	:36:41.6	6:05.2	11:50
3	270	45 5F5	SWANHOLM, DOREEN	57 BOWDOIN ME	:36:41.6	6:05.2	11:50
5	243	59 5F5	LONDON, MARY	58 TOPSHAM ME	:41:43.1	11:06.7	13:27
6	254	60 5F5	NICKERSON, LETTIE	54 HARMONY ME	:41:59.7	11:23.3	13:32
5K MEN 50-59							
1	212	12 5M5	CARNEY, PETE	52 AUGUSTA ME	:29:47.6	: 0.0	9:36
2	257	15 5M5	ROWLAND, MICHAEL	55 CLIFTON PARK NY	:30:19.0	:31.4	9:46
3	215	19 5M5	CHARIFSON, PAUL	55 FRAMINGHAM MA	:30:54.8	1:07.2	9:58
4	252	40 5M5	NEMI, GREGORY	59 WILTON ME	:35:56.3	6:08.7	11:35
5K WOMEN 60-69							
1	231	72 5F6	GILLESPIE, PRISCILLA	68 SCARBOROUGH ME	:44:33.3	: 0.0	14:22
5K MEN 60-69							
1	230	63 5M6	GILLESPIE, GARY	63 SCARBOROUGH ME	:42:28.2	: 0.0	13:42
10K WOMEN 1-19							
1	388	87 1F1	WOODS, KAELYN	18 NEW GLOUCESTER ME	:51:04.3	: 0.0	8:14
2	325	140 1F1	DIXON, KATIE	17 SOLON ME	1:18:53.4	27:49.1	12:43
10K WOMEN 20-29							
1	352	77 1F2	JAMES, SADIE	21 PHILLIPS ME	:46:25.4	: 0.0	7:29
2	335	91 1F2	GEIB, REBECCA	27 BAR HARBOR ME	:53:34.6	7:09.2	8:38
3	320	107 1F2	DALY, MAURA	27 NORTH ANDOVER MA	1:03:36.7	17:11.3	10:15
4	374	111 1F2	POLSKY, AVIANA	24 BOSTON ME	1:05:46.5	19:21.1	10:36
5	312	119 1F2	BYERS, CANDICE	26 ELLSWORTH ME	1:07:42.0	21:16.6	10:55
6	365	121 1F2	NADEL, EMILY	24 WELLESLEY MA	1:07:50.3	21:24.9	10:56
7	371	126 1F2	PATON, ALYSSA	29 MADISON ME	1:09:47.8	23:22.4	11:15
8	372	143 1F2	PELLETIER, DANIELLE	29 BANGOR ME	1:22:07.8	35:42.4	13:14
9	341	148 1F2	GLIFORT, MELISSA	26 FARMINGTON ME	1:32:05.0	45:39.6	14:51
10	358	149 1F2	LANE, MERCEDES	25 GLOUCESTER MA	1:44:35.7	58:10.3	16:52
10K WOMEN 30-39							
1	317	101 1F3	COURTEMANCHE, MELISSA	35 SOMERVILLE MA	:59:19.3	: 0.0	9:34
2	355	116 1F3	KNEELAND, ANNE	31 BAR HARBOR ME	1:06:39.8	7:20.5	10:45
3	378	118 1F3	SHARP, JOCELYN	37 BAR HARBOR ME	1:07:05.6	7:46.3	10:49
4	305	125 1F3	BERGMARK, LISA	39 BANGOR ME	1:09:23.0	10:03.7	11:11

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PLC	BIB	OA PLC	CLS	NAME	AGE/LOCATION/TEAM	TIME	BEHIND	PACE
10K WOMEN 30-39								
5	323	129	1F3	DESCHAINED, TRACY	33 OLD TOWN ME	1:11:06.8	11:47.5	11:28
6	387	133	1F3	WHITNEY, TIFFANY	37 WILTON ME	1:12:14.4	12:55.1	11:39
10K WOMEN 40-49								
1	309	96	1F4	BOWN, AMY	40 NORTH ANSON ME	:57:41.7	: 0.0	9:18
2	344	102	1F4	HEWETT, AMIE	46 FARMINGTON ME	:59:29.3	1:47.6	9:35
3	334	105	1F4	FRICKER, ANGELE	46	1:01:56.7	4:15.0	9:59
4	313	110	1F4	CARR, JEN	45 YARMOUTH ME	1:04:25.4	6:43.7	10:23
5	322	123	1F4	DEMPSEY, LAURA	47 FREEMAN TWP ME	1:07:59.4	10:17.7	10:57
6	376	131	1F4	RACINE, VALERIE	48 LEWISTON ME	1:11:29.0	13:47.3	11:31
7	364	134	1F4	MUGFORD, DAWN	46 SCARBOROUGH ME	1:13:05.1	15:23.4	11:47
8	321	136	1F4	DELISLE, JOY	45 GREENWICH CT	1:13:33.8	15:52.1	11:51
9	359	137	1F4	LEBLANC, STEPHANIE	47	1:14:04.7	16:23.0	11:56
10	306	144	1F4	BERTINI, KATHERINE	47 SOLON ME	1:22:09.4	24:27.7	13:15
11	331	145	1F4	FISH, KIMBERLY	48 WATERVILLE ME	1:22:09.5	24:27.8	13:15
12	330	147	1F4	FIEFFE, MELANIE	41 NORWALK CT	1:26:40.9	28:59.2	13:58
10K WOMEN 50-59								
1	338	109	1F5	GIBBS, ANNETTE	51 JACKMAN ME	1:04:25.0	: 0.0	10:23
2	311	124	1F5	BUCK, BARBARA	57	1:08:10.4	3:45.4	10:59
3	369	130	1F5	PACE, MICHELLE	52 GREENLAND NH	1:11:09.7	6:44.7	11:28
4	350	142	1F5	HYLAND, LORI	51 READFIELD ME	1:20:24.4	15:59.4	12:58
5	310	151	1F5	BRIDGER, ELIZABETH	51 WATERVILLE ME	1:45:02.2	40:37.2	16:56
10K WOMEN 60-69								
1	385	141	1F6	TYRRELL, LAURA	69 CAPE ELIZABETH ME	1:19:56.1	: 0.0	12:53
10K MEN 1-19								
1	336	99	1M1	GEISSINGER, ABRAHM	10 JAY ME	:58:18.3	: 0.0	9:24
10K MEN 20-29								
1	342	79	1M2	GORR, ELLIOT	20 NEW PORTLAND ME	:47:09.5	: 0.0	7:36
2	380	85	1M2	SOMES, NATHAN	20 WEST GARDINER ME	:49:59.4	2:49.9	8:03
3	353	88	1M2	KANTER, JAMES	23 BROOKLINE MA	:51:19.0	4:09.5	8:16
4	377	113	1M2	SAMUELSON, DEAN	24 SOUTHURY CT	1:06:01.8	18:52.3	10:39
5	324	120	1M2	DIAMOND, FORREST	25 BROOKLINE MA	1:07:44.4	20:34.9	10:55
6	367	138	1M2	NICHOLSON, PATRICK	26 METHUEN MA	1:14:52.2	27:42.7	12:04
7	383	150	1M2	SUTERA, MARC	23 GLOUCESTER MA	1:44:36.3	57:26.8	16:52
10K MEN 30-39								
1	366	71	1M3	NALE, CRAIG	33 SOUTH PORTLAND ME	:43:54.6	: 0.0	7:04
2	340	73	1M3	GLASER, PETER	36 PORTLAND ME	:45:17.2	1:22.6	7:18
3	319	80	1M3	CYR, BUZZY	30 PENOBSCOT ME	:47:15.2	3:20.6	7:37
4	384	83	1M3	TAYLOR, BRIAN	30 KINGFIELD ME	:48:36.8	4:42.2	7:50

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10K MEN 30-39								
5	304	95	1M3	BENN, JEREMY	36 PORTLAND ME	:57:14.2	13:19.6	9:13
6	346	97	1M3	HOLMES, BRETT	35 AMESBURY MA	:57:55.1	14:00.5	9:20
7	356	103	1M3	KRAMER, MATT	39 FALMOUTH ME	1:00:36.3	16:41.7	9:46
8	347	106	1M3	HOLMES, CHAD	36 AMESBURY MA	1:03:30.5	19:35.9	10:14
9	386	114	1M3	URQUHART, DOUG	30 NORTH ANDOVER MA	1:06:27.8	22:33.2	10:43
10	329	117	1M3	FERNALD, JOEL	37 SOUTH CHINA ME	1:06:51.2	22:56.6	10:46
11	370	126	1M3	PATON, DANIEL	31 MADISON ME	1:09:47.8	25:53.2	11:15
10K MEN 40-49								
1	326	78	1M4	DUFFY, CHRISTOPHER	44 MARBLEHEAD MA	:47:06.2	: 0.0	7:35
2	314	89	1M4	CARR, JEFF	45 YARMOUTH ME	:51:59.7	4:53.5	8:23
3	308	90	1M4	BOWN, MATTHEW	43 NORTH ANSON ME	:52:08.7	5:02.5	8:24
4	379	92	1M4	SHARPE, MARC-ANDRE	48 SHERBROOKE QC	:54:52.4	7:46.2	8:51
5	363	94	1M4	MICHAUD, ERIC	41 BANGOR ME	:55:28.6	8:22.4	8:56
6	354	98	1M4	KEEZER, BRIAN	42 WINTHROP ME	:58:05.1	10:58.9	9:22
7	337	100	1M4	GEISSINGER, BEN	41 JAY ME	:58:40.5	11:34.3	9:27
8	381	104	1M4	SPRAKER, DAVID	48 FREEMAN TWP ME	1:01:43.8	14:37.6	9:57
9	345	115	1M4	HOLLAND, PATRICK	48 BRUNSWICK ME	1:06:34.9	19:28.7	10:44
10	318	128	1M4	CRAWFORD, TIM	48 MONMOUTH ME	1:10:41.1	23:34.9	11:24
11	362	135	1M4	MARIBITO, JASON	43 SCARBOROUGH ME	1:13:05.7	25:59.5	11:47
12	315	139	1M4	COLLINS, DARREN	47 GREENLAND NH	1:15:23.3	28:17.1	12:09
10K MEN 50-59								
1	343	82	1M5	GRÉGOIRE, CLAUDE	55 FRONTENAC QC	:48:26.7	: 0.0	7:48
2	351	93	1M5	IRELAND, JOHN	52 FARMINGTON ME	:55:10.4	6:43.7	8:53
3	303	108	1M5	BARROWS, TOM	52 WINTHROP ME	1:03:53.4	15:26.7	10:18
4	333	112	1M5	FRASCA, SCOTT	55 SIDNEY ME	1:05:52.3	17:25.6	10:37
5	327	132	1M5	DUPONT, TOM	50 TOPSHAM ME	1:11:29.5	23:02.8	11:31
6	375	146	1M5	QUINTANA, VINCE	59	1:24:51.0	36:24.3	13:41
10K MEN 60-69								
1	316	122	1M6	COTA, DAVE	65 CARRABASSETT VALLE	1:07:51.6	: 0.0	10:56

151 COMPETITORS